

Audio 3: Session Materials Transcript



Group coaching has many benefits. Together with the in-person sessions, you will receive the Guide to The **6 Pillars for Professional Success**. The workbook will provide you with the basic foundation to understanding the pillars, with space for notes and self-reflection. Before I briefly

describe my 6 pillars, it is important to note that ethical behavior is the thread that runs through each of the following concepts. Without ethics, none of what I am about to discuss will hold true or provide meaningful and profound success.

Pillar 1, *Understanding your Strengths to Achieve Success*, together with your strengths inventory, will introduce you to your top 5 strengths. Working on developing your strengths and then applying them intentionally is where success lies.

Pillar 2, *Executive Presence*, is the leadership concept that asks, “Can you command a room?” My group coaching philosophy will provide a thoughtful space for you to understand how to command a room.

Pillar 3 focuses on *Adaptability*. Not only do you have to command a room in today’s world of leadership but you have to be able to read a room as well.

Pillar 4 is all about your *Passion*. By understanding your top 5 strengths, you will begin to understand where your natural talents lie.

Pillar 5, *Authenticity*, is the foundation to the other 4 pillars.

Pillar 6, *Networking*, is where you put the first 5 pillars to work. Who you know or try to meet combined with what you know and who you are as a person is a powerful combination.

The **6 Pillars for Professional Success** will provide you with a guide to moving forward in your career and eliminating that feeling of being stuck in your professional life. Group coaching will provide you with a safe space to share, learn and grow.

The coaching package you choose simply determines how in-depth we approach each topic. I am really looking forward to working with you and helping you reach your goals. Click on the calendar below and fill out the form to reserve your seat at my next group coaching session. See you there!

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